

ANIL SHAH MD FACS SC

Medications and Herbal Supplements to Avoid

Below is a list of medications to avoid prior to surgery. Medications to avoid generally thin the blood. Some medications raise the blood pressure and dilate blood vessels, creating a poor environment for healing, such as Viagra or Cialis.

Advil	Bufferin	Equagesic	Percodan demi
Alka Seltzer	Buff-A compound #3	Excedrin	Persistin
Alka Seltzer Plus	CAMA	Excedrin PM	Plavix
Alleve	Capron capsules	Fizri powder	Quiet world tablets
Anacin	Cialis	Fiorinal	Relafen
Anacin Maximum	COPE	Fiorinal with codeine	Robaxisal
Anexsia with codeine	Cogespirin	4-way cold tablets	Stanback tablets
Anodynos DHC	Coricidin D	Gemisyn	Stanco
APC	Coumadin	Ibuprofen	St. Joseph Aspirin
Arthritis Pain formula	Damason P	Leech Extract	Super Anahist
Arthritis Bufferin	Darvon N with ASA	Measurin	Synalogos DC
Aspirin with codeine	Darvon compound	Meprogesic	Synalogos
Aspirin	Darvon compound 65	Midol	Talwin compound
Aspirin enseals	Dolcin	Momentum	Traminicin
Ascriptin	Dolene compound 65	Motrin	Trigesic
Ascriptin A/D	Dolor	Nilain	Vanquish
Aspergum	Duradyne	Nitroglycerin	Viagra
Asphal G	Duragesic	Norgesic	Viomed
B-A	Ecotrin	Novhistine with APC	Warfarin
Bayer	Empirin with codeine	Pabirin	Zactirin
Bayer decongestant	Empirin compound	PAC	Zactirin compound
Bayer timed release	Equagesic	Panodynes analgesic	
BC tablets	Equagesic M	Percodan	
Aloe Vera caps	Feverfew	Licorice root	Sweet vernal grass
Agrimony	Fig	Lomatium root	leaves
Angelica root & fruit	Fish Oil Tablets	Lovage root	Sweet-scented bedstraw
Bergamont peel	5 PC-SPEC	Ma huang (ephedra)	plant
Bilberry	Garlic	Meadowsweet flower	Tonka bean seeds
Bitter orange peel	Ginger	Melatonin	Valerian
Black cohosh rhizome	Gingko Biloba	Milk Thistle	Vanilla leaf leaves
Buttercup plant	Ginseng	Parsley	Yarrow Plant
Cayenne	Glucosamine	Psoralea seeds	Willow bark
Celery	Goldenseal	Queen Anne's lace	Wintergreen leaves
Chondroitin	Goosefoot	Poplar bark (buds)	Woodruff plant
Cow parsnip	Hawthorne	Rue leave	Vitamin E
Dong quai	Horse chestnut bark	Saw Palmetto	Yohimbe
Echinacea	Kava	St. John's Wart	
Ephedra	Khella fruit	Sweet birch bark	
Fennel	Lemon peel	Sweet clover plant	